

MUSIC MARATHON

Saturday 9th March All Saints Church



Non-stop music 8am to 8pm, raising money for new sound system & drum kit. Drop in any time.

Performers email: pam.denison@eastwinchester.org



Join us this Easter

Palm Sunday 24 March

9am Holy Communion 10.30am Cafe Church

Holy Week 25-31 March

7pm Mon-Weds Evening Prayer

Maundy Thursday

3.30pm Messy Easter

7pm Shared Meal followed by Holy Communion

Good Friday

2pm The Last Hour

Easter Sunday

St Andrew's Chilcomb 9am 10.30am All Saints Holy Communion



Keep the date!

St. Andrew's Church Festival Chilcomb

Sunday 9th June 2024 2-5pm

Dear Friends and Neighbours

Have you ever had a turning point in your life? A moment when the direction of your life changed?



It very much feels that we are at a turning point as a church community this Spring. In January we said goodbye to our Rector Reverend Mike, celebrating his transforming ministry here and giving thanks for all that he has brought to our church, school and community. And now we now find ourselves at a turning point; waiting, watching and praying for a new Rector and excited to discover what God has in store for us.

By the time you read this, the advert for our new Rector will have appeared in the Church Times - and then - God willing - representatives, including our Church Warden Sam Cairns and I will interview the candidates and hopefully, by the end of March, will appoint our new Rector. Please pray for all of us involved in that discernment process and be encouraged. I'd like to think that someone opening up the Church Times, might see our advert, and will look back on that moment as a Turning Point in their life.

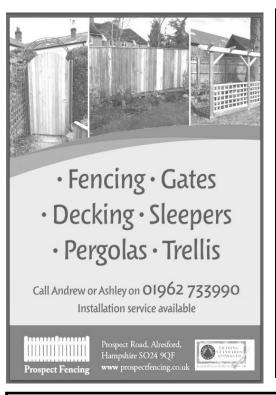
As a church we give thanks for everyone working so hard to keep our services and events running. We have celebrated Christmas, greeted the Wise Men, met the baby Jesus in the temple – and now we turn together this Lent; we turn towards Easter and the Cross.

Details of how and where you can join us throughout the week are listed in this magazine. We hope to see you - you are always welcome.

With love and prayers

Wendy Harrison, All Saints & St Andrew's Ministry Team





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Parish Family News

Congratulations:

To anyone who has had a baby recently including Ada Rose born to Anna & Dave Murray Felix Thomas born to Jo & Daniel Blyth a brother to Otis.





Best wishes to anyone who has been baptised recently. Congratulations to any one who has recently got married & best wishes to anyone preparing to get married.





For your prayers:

Anyone who is unwell at home or in hospital.

For **Rev Mike** in his new post as Rector of the West Downland Benifice, Bishop Phillip in his new role as Bishop of Winchester and for those involved in the selection process for the Rector's post in the East Winchester Benefice.

The departed and bereaved families & friends:

Our thoughts and prayers are with any families who have recently been bereaved including those of Richard Mabey who was originally from Highcliffe.



Please accept my apologies if any of the above details are incorrect.

If you have any family news that you would like included then

please contact me 01962 866490 or jenny.jarvis@eastwinchester.org

CHURCH CONTACT DETAILS

Parish Office: office@eastwinchester.org Answerphone: 01962 435003

Please leave a message and we will call you back within 24 hours.

www.AllSaintsEWB.org @AllSaintsEWB \ (S)









If you have anything you would like us to pray for (in confidence) please email: prayer@eastwinchester.org



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Jenny.jarvis@eastwinchester.org

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Southern Voices celebrate

40 in style



Southern Voices launch their ruby anniversary season on 23 March in the Chapel of St Cross at 7.30pm. 40 years of singing together is a big achievement and the choir's popularity has endured throughout the years. They commence celebrations with a concert featuring a stunning 40 voice-part piece which is rarely performed.

Spem in alium by Thomas Tallis is a majestic work, written to impress the court of Queen Elizabeth 1, that requires eight choirs, each with five voice parts. The choir will be boosted in numbers to achieve this by welcoming back past members to join them. They will stand surrounding the audience and this, together with the renowned acoustic of the chapel, will create a most amazing sound experience.

Booking is essential and tickets are now on sale.

You can find more information on the other pieces in the programme and buy tickets on the website: southernvoices.co.uk

Would you like to get your product or service into 1600+ homes?

That's the quarterly circulation of this publication, which is delivered to all homes in Highcliffe, Bar End, St Giles Hill & Chilcomb, and community spaces in Winnall.



Please contact Jenny for more information 01962 866490 or jenny.jarvis@eastwinchester.org

10 Questions



As a valued person in our parish, I have asked **Hayley Pardoe** the new manager at All Saints Preschool the following questions:

What's your favourite thing about the season of Spring?

My favourite thing about Spring is the sun shining, the flowers blooming and the general sound of

happiness. Also the fact that just wearing a cardigan is enough!

How would your friends and family describe you?

My friends and family would describe me as loud, caring, funny and the comedian of the group.

How do you describe Highcliffe to people who don't know this area?

I have only known Highcliffe since I began working here in October - it has a real sense of community.

What is it that you love about your job/position?

I love being the manager at All Saints Preschool, The families are lovely, the staff are great, and the children are amazing. The childcare at All Saints is second to none and the staff really care. Childcare has always been a 4passion for me, "I feel it is important for the children to get the best opportunities out of life as they possibly can".

What do you find most challenging in your job/position?

There isn't really anything too challenging, It is a very rewarding job.

How do your beliefs help you?

I think that it is okay for us to all have our own beliefs - mine help me focus.

What changes have you made at home to help the environment/climate change?

Paying more attention to recycling and how much electricity/water we use.

What's something that no one would guessabout you?

I don't like cheese

What is your favourite book & why do you recommend that people read it?

I'm happy to read anything to be honest, although I do like a story with a happy ending.

If you could give advice to your younger self what would it be?

I would advise my younger self to live for the moment, travel and see the world, spend time with the people you love.

You can find more information about All Saints Preschool

www.aspswinchester.org



Who do I call in an Emergency?



During a local coffee morning we asked this question and thought it would be a good idea to put together



some emergency numbers for you all to pull out and keep.

In an emergency dial 999 or 112 to contact the police, fire brigade, ambulance service or coastguard

To contact the police in a **non-emergency call 101** for community safety issues including non-emergency crime, policing and anti-social behaviour. Also look on <u>www.hampshire.police.uk</u>

There is also Crimestoppers to anonymously report any information about crimes - 0800 555111 or *crimestoppers-uk.org*

Winchester City Council

Customer service centre: 01962 840222. (8.30am to 5pm Monday to Thursday & 8.30am to 4.30pm Fridays)

Out of hours - 01962 865407

Housing emergencies - 01962 865405

Highways emergency

To report a highways emergency that poses an immediate risk to the public, call either:

Phone 0300 555 1388 (8:30am to 5pm, Monday to Friday)

Outside of office hours 101 Or visit <u>www.hants.gov.uk</u> where you can report an issue online

Also look at The Connect to Support website for a directory of useful contacts <u>www.connecttosupporthampshire.org.uk</u>



If you, or another vulnerable adult you know is being harmed in any way by another person please do not ignore it. If you have concerns or want to report abuse, phone Hampshire Adult Services on:

Phone 0300 555 1386 or out of office hours 0300 555 1373

If you suspect you or someone else is in immediate danger, phone 999.

Safeguarding children

If you have any concerns because you think that a child is being abused or has been abused in the past contact the Children's Services Department phone 0300 555 1384 (Monday to Thursday 8.30am to 5pm & Friday 8.30am to 4.30pm) At all other times, contact the out-of-hours service, phone 0300 555 1373

National helplines for Children include:

NSPCC - phone 0808 800 5000 <u>www.nspcc.org.uk</u>

Childline - phone 0800 1111 www.childline.org.uk

Other National agencies & Helplines you can contact for advice and support:

NHS italk free for those struggling with their mental Health www.italk.org.uk

AGE UK - a range of help for the older members of our community www.ageuk.org.uk or Advice Line on **0800 678 1602**.

Samaritans - Whatever you're going through, call them free any time, from any phone, on 116 123.

Debt - Debtline 0808 808 4000 & Stepchange 0800 138 1111

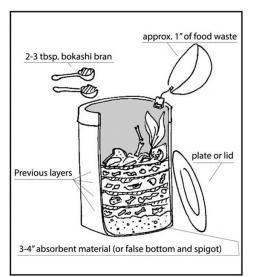
Domestic abuse -Helplines such as National Domestic Abuse helpline for women 0808 200 0247 and Respect Mens helpline 0808 8010327

Information correct as displayed & given on CAB, WCC & HCC websites

Published in the All Saints Parish and Community News Spring 2024 edition

Bokashi Composting

Home composting is one of those sustainable activities that many of us would like to do more of. Raw food waste added on garden compost heaps and in bins is attractive to rats. Hampshire does not have a doorstep food waste collection service and isn't likely to introduce one until the government makes it compulsory.



There is an effective solution to this

home composting dilemma known as **Bokashi Composting**. It is a Japanese system of anaerobic fermentation (pickling). Not only can you compost raw food waste but meat, fish, dairy, cooking oils and liquids (in moderation) and all cooked kitchen waste. Amazingly, a Bokashi compost bin can be kept indoors! (in a cool place)

In these airtight bins the food waste is layered with an inoculant (bacteria boosting) Effective Microorganism (EM) Bran. They contain a tamper (to compact the contents) and when full they are left unopened for 2 weeks for the bacteria to breakdown the matter into Bokashi cake (not compost) a safe and useful soil improver, that can be buried in the garden.

The bins have a tap at the bottom. This is to enable the nutrient-rich liquid (juice), which collects in the base, to be drained off every few days. This is necessary so that the organic matter doesn't get too wet and mouldy, hindering or harming the digestion process. The collected liquid can be diluted with water to a 'tea like' consistency and used on plants. See bokashiorganko.com - How to use Bokashi liquid for plants. Neat it is very acidic and makes a good drain cleaner!

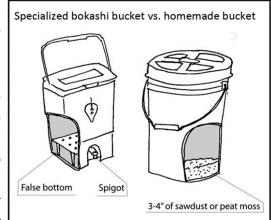
It is preferable to rotate two bins, when one is full and fermenting,

another can continue to be filled. Most bins are sold in sets of two and the most common and reasonably priced plastic options can be found on many online eco-based store sites. Recycled plastic bins cost slightly more and metal bins tend to be the most expensive.

It is possible to make your own bins, see <u>verticalveg.org.uk</u> - How to make your own Bokashi Bin. These may not need a tap, but they

require a layer of absorbent material at the bottom and must be completely airtight otherwise both oxygen and damp will cause the matter to smell.

The EM bran is readily available online as well as EM liquid to spray directly onto the food waste taking care not to make the waste too wet. or to make your own inoculant with bran or sawdust. You can also make your



own EM liquid with a recipe and method found at *turn-ingtogreen.com-* DIY Bokashi Bran .

We hope to follow up this article with a practical session as part of Highcliffe's Climate Action Plan so watch this space. Good luck with your kitchen composting. Let us know how you get on; we would love to report on your successes to inspire others to give it a go.

Want to get Messy?



We're looking for two volunteers to join our Messy Church team. Messy Church runs once a month 3.30-5pm. Volunteers help set up and tidy away the space and either serve refreshments or run a craft activity. If you think you could help us please contact beth.robertson@eastwinchester.org.

Highcliffe Memories.....

John Winkworth is one of, if not, the oldest residents of Highcliffe. His first memory of Gordon Avenue was there being "a lot of children...running about on the street. We had a lot of fun." They would play football in the road as there were no cars. He was one of ten children, living in a three-bedroom council house.



His Father, Bill, was a farm worker and his mother was always at home, only having a break from the family once a week by going to the Mission Hall on Wednesdays. His parents always had time for them, playing snakes & ladders, puzzles and reading to them. He remembers the large copper bath which had to be lit to heat up the hot water and smoking terribly. His mum was only 57 when she died from a weak heart. The doctor said she didn't look after herself, take recommended medication or rest. His father was in hospital only two years later and was nursed before his death by a young auxiliary nurse, Anne, who lived across the road. John was left to bring up his younger siblings, until Shirley moved to Southampton & his brother married Anne's sister.



John was 34 when he married Anne, 24, at All Saints church in 1965 and honeymooned at Butlins in Margate. They had two boys, Mark and Iain, in 1967 and 1972. At this time, he was working as a Porter at Winchester College where he had the pleasure of meeting Ted Heath and Sarah Brightman. They moved into their current house when Iain was 8 years old. They have now lived in the same house

for 44 years. Their 'new house' had central heating, an improvement from the single coal fire in the living room.

As a youngster John attended All Saints Primary school which he remembers it being very strict. They would all come home for lunch between 12-1.30, and school would finish at 4pm. They didn't really get much homework, so there was lots of time for playing, fishing and swimming and paddling down in the meadows.

He joined the All Saints Church choir around 1940 with his brother. He described these days as the happiest of his life. He must have had a good voice as he was chosen to sing a solo at Winchester Cathedral, 'Onward Christian Soldiers', one of his favourite hymns to this day.

War was declared when he was 9. With his friends, John would enjoy playing soldiers. He recounts; "When a German plane came over and dropped his bombs on the hill out the back here. We all went over with sticks thinking we would catch a German and people went with pitchforks. It was quite a laugh."

John was always a keen gardener and used to help his father on the allotments where they also reared pigs. There were many allotments in Highcliffe at this time, stretching over towards St Swithins School and on the site of the current Rectory. His dad used to grow so much fruit and vegetable that war time rationing didn't bother them. Spares would be shared with their friends, neighbours and the older people in the area.

After a couple of years at St Thomas's School he left education at 13. The age for leaving was 14, in those days but John was given special permission as his birthday was coming up that December. His first job was as an errand boy for the London Central Meat Company.

For 22 years John worked as a milk man delivering the bottle by horse and cart. His job also included stable work. One day he was asked to change his round to train up a new chap who was starting and they wanted him

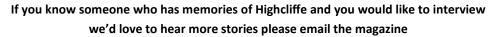
to teach him the system. His name was Benny Hill.

According to John, he could turn anything into a joke and

nn, he could turn anything into a joke and "we would have a laugh but that's all loculd say about him".



When asked 'What message would you give to the people of Highcliffe?' John says "Enjoy life like I have. I've always been there to help others and then they were always there to help me... That's what life is about... Keeping active keeps you young."



Climate Action in Highcliffe



Energy Efficiency - who can you trust?

If you want to make your home more energy efficient, it can be difficult to know who to trust. One of Highcliffe Climate Action's members was recently approached by a company selling a waterproofing wall coating, claiming to be linked to his energy supplier.

He was told that this coating could apparently also insulate the walls, reducing the heat lost from the property - and it could be applied for the knock down price of £3,000 if he signed up there and then. Fortunately, he smelled a rat - it sounded too good to be true and it was also a lot of money.

Highcliffe Climate Action (HCA) is part of the long-standing Highcliffe Community Forum for Action, and their volunteers are keen to help local residents make their homes more energy efficient, reducing their carbon impact. They'll be putting up lots of info and links on the Forum's website soon, from independent organisations that can be trusted.

HCA has just bought a thermal imaging camera (with a grant from Winchester City Council's Town Forum Small Grants scheme) which can be borrowed free of charge so that residents can find out where their homes are losing heat.

The group will also be holding Green Open Home events, where local people who have made energy saving improvements will open up their homes to share their experiences. Visiting a home is a great way to find out about the reality of getting solar panels, insulation, triple glazing, or new heating options without talking to a salesman. You can have a good look at the technology, ask the residents whether the installation was a hassle, and find out now much they're really saving on their energy bills as a result.

If you're interested in being one of the Green Open Homes, or borrowing the thermal imager, get in touch with Stu on 07804 281564. More info coming soon at https://highcliffeforum.wordpress.com

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Easter Egg Rocky Road

Ingredients

400g chocolate melted

100g digestive biscuits bashed into small pieces

200g mini eggs bashed into small pieces

100g mini marshmallows



- 1.Melt the chocolate in the microwave or in a glass bowl over a pan of just boiled water.
- 2.Bash the biscuits in a plastic bag using a rolling pin and add to the melted chocolate.
- 3.Bash the mini eggs in a plastic sandwich bag (or similar) using a rolling pin and add to the bowl.



- 4.Add the marshmallows and stir everything together thoroughly.
- 5. Transfer the mixture to a lined tin 18cm x 28cm (baking paper, cling film or foil).
- 6. Spread the mixture out and then press down using a large spoon or potato masher.
- 7.Chill for 1 hour in the fridge, then remove and cut into 24 squares.

Spring Dates for your Diary

Mothering Sunday 10th March

Legacy and Will Writing Event. Saturday 16th March, Wolvesey, 9:30am-12:30pm. More details on https://winchester.anglican.org

Remember clocks go forward an hour on 31st March

Breakfast bap & Annual Church Meeting. Sunday 14th April 10.00. All welcome to hear what All Saints has been doing over the last year and update on future plans. If you aren't already on our Parish Electoral Roll and would like to be, please email.

Don't forget to vote in the local elections on Thursday 2nd May

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burrow-environmental.com 01935 507 508

Magazine deliverers needed

Volunteers are needed to deliver the All Saints Parish & Community News four times a year to the following roads:



Wharf Hill, Wolvesey Terrace, Granville Place, Domun Road & Wharf Mews. A very long standing deliverer to this area has now stepped down. If you can help on a regular basis to deliver this magazine to the properties in any of these roads then please contact Jenny Jarvis for further details.

Email: jenny.jarvis@eawinchester.org



Spring wreath making workshop

Saturday 16 March

Brethren's Hall, Hospital of Cross | 10:30 - 13:00

Guided by the Winchester Flower Club, you'll learn how to craft your very own spring wreath in the historic grounds of St Cross. Enjoy coming together with us for some crafting fun this March!

All materials are included, plus tea and cake! Join us for £40 per person.

Visit our website or scan the above QR code to book!

winchesterhospice.com | Registered charity: 1180948 | 01962 828353





Saturday 16th March 2024 6.30pm for 7.00 - 8.30pm St Mary's Church, Twyford SO21 1NT

College Quiristers return after their highly successful 2023 concert at Twyford Church to sing a mixed programme of religious and popular music in aid of Winchester Go LD, Winchester Go LD enables adults with learning disabilities to live as independently as possible.

Tickets: £18 per person
(Includes a glass of wine and light refreshments)
Quirister parents £12, children under 12 free
Tickets available from Mrs R. Nell
Email: rosnell83@gmail.com

Free parking available at the venue

www.facebook.com/winchestergold.org.uk
W: winchestergold.org.uk
X (formerly Twitter): @WinchesterGo_LD

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